

## **WELL-BEING STRATEGY (2019-2021) - St. Aloysius**

The purpose of the Well-Being Strategy is to guide our work towards meeting the cognitive, emotional, social, physical and spiritual needs of all WCDSB students and staff, and to ensure all feel a deep sense of belonging in a Catholic faith-learning community where they are nourished to become builders of the local and global community.

<b>GOAL</b>	<b>Safe Schools</b>	<b>Mental Health and Wellness</b>	<b>Healthy Schools (HS)</b>	<b>Equity and Inclusion</b>	<b>Key Performance Indicators</b>
-------------	---------------------	-----------------------------------	-----------------------------	-----------------------------	-----------------------------------

## WELL-BEING STRATEGY (2019-2021) - St. Aloysius

The purpose of the Well-Being Strategy is to guide our work towards meeting the cognitive, emotional, social, physical and spiritual needs of all WCDSB students and staff, and to ensure all feel a deep sense of belonging in a Catholic faith-learning community where they are nourished to become builders of the local and global community.

GOAL	Safe Schools	Mental Health and Wellness	Healthy Schools (HS)	Equity and Inclusion	Key Performance Indicators
------	--------------	----------------------------	----------------------	----------------------	----------------------------

<p><b>Students and staff feel a sense of belonging and inclusion in their learning community.</b></p> <p>Pastoral Plan: (Belonging)</p>	<ul style="list-style-type: none"> <li>• Awareness Program - THINK</li> <li>• Bus Patrol Training</li> <li>• Bus Evacuation Training</li> <li>• Fire Prevention Week</li> <li>• Concussion Policy</li> <li>• School Emergency plans</li> <li>• School Safety guidelines</li> <li>• Yard Supervision plan</li> <li>• First Aid Training</li> <li>• BMS Training</li> <li>• Anaphylaxis Training</li> <li>• Monthly Health and Safety Inspection Reports</li> </ul>	<ul style="list-style-type: none"> <li>• Umbrella Project</li> <li>• Restorative Justice Training</li> <li>• Student clubs - Strings</li> <li>• Book Buddies</li> <li>• Anti-bullying initiatives - Wear pink day, Random Acts of Kindness day</li> <li>• Mental Health presentation in classroom by WCDSB Mental Health lead</li> <li>• Monthly assemblies</li> <li>• Go Girls group run by Big Brothers/Sisters</li> <li>• GOZen program</li> <li>• Support Staff appreciation day</li> <li>• Once a month staff get togethers</li> <li>• TRIBES used in some classes</li> <li>• Classroom meetings</li> <li>• Christian Meditation</li> <li>• Zones of Regulation program</li> <li>• Calming spaces when needed</li> <li>• Classroom meetings</li> <li>• Learning Commons</li> <li>• Buddy Benches</li> </ul>	<ul style="list-style-type: none"> <li>• Intramurals</li> <li>• PALS program</li> <li>• Inter-school tournament teams: Volleyball, Soccer, 3-Pitch, Basketball, Folk Dance, Cross Country, Track &amp; Field</li> <li>• Dance-A-Thon</li> <li>• Laurel Creek &amp; Shades Mills (biodiversity/GRS navigating)</li> <li>• Mudpuppy Race</li> <li>• Daily DPA</li> </ul>	<ul style="list-style-type: none"> <li>• Growing in Faith, Growing in Christ Religion &amp; Family Life curriculum</li> <li>• Fully Alive program</li> <li>• HPE curriculum</li> <li>• Tools for Life</li> <li>• Progressive Discipline</li> <li>• We Team</li> <li>• ECO Team</li> <li>• Social Justice Team</li> <li>• Butterly Campaign for Kidsability</li> <li>• Multicultural day</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Transition Survey &amp; School Climate Resiliency and MYSP Survey data indicates a year over year upward trend of students and staff who express a positive sense of belonging</b></li> <li>• Decline in suspension recidivism rates</li> <li>• K-12</li> </ul>
---	---	--	--	--	---

## WELL-BEING STRATEGY (2019-2021) - St. Aloysius

The purpose of the Well-Being Strategy is to guide our work towards meeting the cognitive, emotional, social, physical and spiritual needs of all WCDSB students and staff, and to ensure all feel a deep sense of belonging in a Catholic faith-learning community where they are nourished to become builders of the local and global community.

GOAL	Safe Schools	Mental Health and Wellness	Healthy Schools (HS)	Equity and Inclusion	Key Performance Indicators	
	<ul style="list-style-type: none"> <li>• Care Plans for all students</li> <li>• Safety Plan sign offs - all staff and supply staff</li> <li>• SafeTALK training for principal</li> <li>• Anti-bullying initiatives – Wear Pink</li> <li>• Messages on morning announcements</li> <li>• Kindergarten helpers</li> <li>• Safety Village trips</li> <li>• </li> </ul>					

## WELL-BEING STRATEGY (2019-2021) - St. Aloysius

The purpose of the Well-Being Strategy is to guide our work towards meeting the cognitive, emotional, social, physical and spiritual needs of all WCDSB students and staff, and to ensure all feel a deep sense of belonging in a Catholic faith-learning community where they are nourished to become builders of the local and global community.

GOAL	Safe Schools	Mental Health and Wellness	Healthy Schools (HS)	Equity and Inclusion	Key Performance Indicators	
<p><b>Students have equitable access to learning opportunities</b></p> <p>Pastoral Plan: (Becoming)</p>			<ul style="list-style-type: none"> <li>● Outdoor recess equipment for every classroom</li> <li>● Blacktop games painted</li> <li>● Large playground</li> <li>● Soccer nets</li> <li>● Food 4 Kids weekend program</li> <li>● Student compliance for Healthy Eating during classroom</li> <li>● Eco school</li> <li>● Hot lunch program</li> <li>● Extended day Nutritional snacks</li> <li>● NFL Breakfast</li> <li>● PALS Program</li> <li>● Offering non-food rewards in classrooms and at school events</li> <li>● Intramurals</li> <li>● Inter-school tournament teams:</li> </ul>	<ul style="list-style-type: none"> <li>● Skills Canada</li> <li>● Days for Girls</li> <li>● KidsAbility - Butterfly Campaign</li> <li>● Skills Competition: Robotics club, 3d printing, building</li> <li>● Homework club</li> <li>● Knitting club</li> <li>● Fergus Place Retirement Home visit - Choir and handmade gifts</li> </ul>	<p><b>Increase in specific student outcomes (credit accumulation, report card achievement) based on demographic or identity data</b></p> <p>Staff feedback from PD with equity focus is positive.</p>	<p>On-going</p>

## WELL-BEING STRATEGY (2019-2021) - St. Aloysius

The purpose of the Well-Being Strategy is to guide our work towards meeting the cognitive, emotional, social, physical and spiritual needs of all WCDSB students and staff, and to ensure all feel a deep sense of belonging in a Catholic faith-learning community where they are nourished to become builders of the local and global community.

GOAL	Safe Schools	Mental Health and Wellness	Healthy Schools (HS)	Equity and Inclusion	Key Performance Indicators	
			Volleyball, Soccer, 3-Pitch,, Basketball, Folk Dance, Cross Country, Track & Field <ul style="list-style-type: none"> <li>● Dance-A-Thon</li> <li>● Student clubs - Strings</li> <li>● Laurel Creek &amp; Shades Mills (biodiversity/GRS navigating)</li> </ul>			
<b>Building a culture of well-being that supports success for all in the WCDSB community</b>  Pastoral Plan: (Building)		<ul style="list-style-type: none"> <li>● Umbrella project</li> <li>● Resiliency Survey</li> <li>● Grade 2 retreat</li> <li>● Grade 7 Confirmation retreat</li> <li>● Grade 8 retreat to Mount Mary/Camp Brebeuf</li> <li>● WWJD</li> <li>● Student Choir for Church</li> <li>● Mission work</li> <li>● Monthly school visits at St. Aloysius with Father Melvin</li> <li>● Monthly classroom visits from</li> </ul>	<ul style="list-style-type: none"> <li>● Skills Canada</li> <li>● Days for Girls</li> <li>● Coding Club</li> <li>● Homework club</li> <li>● Chess club</li> <li>● Knitting club</li> <li>● Fergus Place Retirement Home visit -</li> </ul>	<ul style="list-style-type: none"> <li>● Christian meditation</li> <li>● Daily School prayer led by students</li> <li>● Classroom meetings</li> <li>● School Pastoral Team</li> </ul>	<b>Survey results indicate increasing positive trend in staff, student and parent perception of school and/or organizational culture and well-being</b>	Annually

## WELL-BEING STRATEGY (2019-2021) - St. Aloysius

The purpose of the Well-Being Strategy is to guide our work towards meeting the cognitive, emotional, social, physical and spiritual needs of all WCDSB students and staff, and to ensure all feel a deep sense of belonging in a Catholic faith-learning community where they are nourished to become builders of the local and global community.

GOAL	Safe Schools	Mental Health and Wellness	Healthy Schools (HS)	Equity and Inclusion	Key Performance Indicators	
		Father and Assistant <ul style="list-style-type: none"> <li>● Angel Tree</li> <li>● Advent Celebrations</li> <li>● Christmas Choir</li> <li>● Friday morning prayer for staff</li> </ul>	Choir and handmade gifts <ul style="list-style-type: none"> <li>● Food Drive</li> </ul>			